

# Is Divorce Mediation for You?



**Divorce mediation** is a voluntary settlement process used frequently and successfully by married couples who want to divorce, and by domestic partners who want to separate. Divorce mediation gives couples the option to plan their futures rationally, and in an atmosphere of cooperation and mutual respect. With the assistance of a trained divorce mediator, you can reach an agreement that is custom-made for your family, your finances and your future.

Is divorce mediation an option for your marriage or domestic partnership?

Couples should consider the questions below.

- 1. Do you want a process that gives you more control over your future?***
- 2. Would you prefer a process that provides a cost-effective way to separate or divorce?***
- 3. Would you consider a process that is emotionally protective of your family?***
- 4. Would you like a process that focuses on the best interests of your children?***
- 5. Are you able to work through your separation or divorce in a spirit of cooperation for the most part?***



*If you and your partner/spouse answered yes to most of these questions, then mediation is probably a viable solution for your family that often costs less and is faster than a litigated divorce.*

➤ To find a mediator, visit [www.NYSmediate.org](http://www.NYSmediate.org)